

Caliente Chapter San Antonio (CCSA) - CALIENTE H.O.G. #2013

Calientegram - March 17, 2024

CALIENTE H.O.G. RIDE CALENDAR:

Caliente H.O.G. sponsored rides are a Closed Event

For all Rides, you are required to be there 15 minutes prior to KSU (Kick Stands Up) so that you can get signed in and attend the pre-ride briefing.

Tip Of The Week

First off, stay away from green beer! Seriously though, this is the time of year that the weather starts getting warmer. Consider your hydration levels before, during, and after a ride. Leaving Caliente or from home heading out for a ride, it might be almost cool and very comfortable and you just polished off that last cup of joe. However, this is South Texas... A few hours later, temps have risen dramatically which starts to add to your discomfort and down this dangerous road. Combine the ambient air temp, the heat coming from the small nuclear reactor that powers your bike, and the heat being reflected off of the pavement that will all add together to make your buns really toasty. Now combine the wind that will work to dehydrate your skin (the largest organ in your body) and if you are not prepared for it, this will start to lead you down the road to a major issue. Remember that coffee will work to dehydrate you as will the green beer you drank the night before. So to combat dehydration, cover up your skin to help your body fight off the sun and the wind. Drink plenty of fluids such as water to help the interior of your body to "lubricate the joints"... Also recognize the effects of the lack of hydration and perhaps even the onset of heat exhaustion. By the end of the ride, you are probably physically tired as well. Don't be afraid to pull the bike over, get into some shade, drink some water, and rest for a few minutes. So how does one know how to fight this? First of all, take a minute or two and look up the effects of dehydration and heat injuries. Remember in this case, Google is your friend. You may recognize some issues that you have faced in the past but ignored. However now, you will know what is going on and ways to mitigate dehydration and follow on heat related injuries. Summer is coming so be like a Boy Scout and "Be Prepared"!

Thanks to Frank Knapp for this one! Lou

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RIDES & EVENTS

March 20, 2024 (Wednesday) - Caliente Event - Happy Hour at VFW Post 7108. **See their website for more info.**

March 23, 2024 (Saturday) - Ride - KSU 9:00 a.m. LRC Lou, SRC Towne - Ride to Empty Cross in Kerrville. Be there at least 15 minutes early for the safety meeting. We

will be stopping for lunch at Chinatown Restaurant after we go to The Cross. We should be back at Caliente around 4-4:30 pm. Hope to see you there. Lou

March 23, 2024 (Saturday) CPR AND AED First Aid at 2:00 p.m. PLEASE NOTE DATE CHANGE

It is a 3 hr class. On line probably first aid individually will inform. You will get certified card at class same day. Good for 2 yrs. Cost is \$54.95 per person. Will need to have money on March 2 2024 - David will be at the dealership at 10:30 to collect since our meeting has been changed to March 16th. Cash only please. We only have room for 12. If interested we can have other class but different day. These are the folks that showed interest. He will need full name and email address: Frank Knapp, Lori Knapp, Kenneth Green, Warren Colwell, Brenda, Rudy and Justin, Daniel Garcia, Margie Garcia, and Pedro. You can text David Algarin at 210 771 3933.

March 23, 2024 (Saturday) - Info - Ride to the Hill Country in the morning sponsored by LAMA San Antonio - Party from 12-4 pm. For more information email lamasanantoniovicepresident@gmail.com

March 23, 2024 (Saturday) - Caliente Event - H-D Season Opener See their website for more info.

March 29 - April 2, 2024 - Rally - Spring Heat in AZ H.O.G. Touring Rally - - Irvine CA

March 30, 2024 (Saturday) - Easter Egg Hunt & Fundraiser - Need all hands on deck to help make this a successful fundraiser. 10 a.m. - 2 p.m. Egg Hunt registration 10-11, Egg Hunt by age 11:30-12:30.

April 6, 2024 (Saturday) - Meeting/Social

9:00 Road Captains Meeting

10:30 - Meeting/Social

11:30 - LOH Upcoming Event. Derrick from Caliente Service will give a short tutorial for the ladies about information you should know on how to maintain your bike. We invite all of the ladies to join us. After the tutorial, we will head out to Sandia's Mexican Restaurant and Fruiteria on Callaghan. All members are invited to join us for lunch. KSU for lunch is estimated to be at 12:15ish depending on when the tutorial is finished. Hope you can make it!!!

April 14, 2024 (Sunday) - Ride

April 27, 2024 (Saturday) - Ride

Odds and Ends

I just wanted to thank everyone who came out to this month's meeting to Ice on Fire. The food was delicious, and it went really well with the fellowship. Lou

Ride and Seek Challenge (2024)

Challenges (3) will be announced each month during the Chapter Social meetings.

February Challenge:

- Pic @ favorite watering hole (drinking establishments) no motorcycle pic needed for safety.
- Pic @ Enchanted Rock sign with motorcycle
- Pic with loved one or special person in your life (valentines day theme).

Pic due date is 03/31. Brad Hoisington

Email pictures to brad.v.hoisington@outlook.com

Future Dates

June 1, 2024 (Saturday) - Picnic at Towne's Lakewood Estates Subdivision Pavilion (Same place as last year)

Cajun Country H.O.G. Rally - 11-13Apr24 - Scott LA - Tony will be leading this ride. If you are interested in attending the Cajun Rally at Lafayette, LA, 10-14 April - register thru HOG early. Registration closes on 13 March. This one is very popular! I have our planned hotel location and area rides info. https://members.harley-davidson.com/HOG/HDMN_Rally_Details?PublicAccess=true&rallyId=a1W5b00001PPFauEAH&site=a0dj0000006mPzAAAU&sfdcIFrameOrigin=null

Southwest H.O.G. Rally - 25-27Apr24 - Yuma AZ

Tour of Valor H.O.G. Touring Rally - 15-24May24 - Pensacola FL

Rally up Laconia H.O.G. Touring Rally - 03-07Jun24 - Columbus OH

Great Lakes H.O.G. Rally - 06-08Jun24 - Chippewa Falls WI

The Last Frontier H.O.G. Rally - 20-23 Jun24 - Palmer AK

Iron Adventure H.O.G. Rally - 11-13Jul24 - Jay Peak VT

East Meets West H.O.G. Posse Ride - 18Aug-02Sep24 - North Hampton NH

Wild and Wonderful H.O.G. Rally - 21-24Aug24 - Charleston WV

Rocky Mountain H.O.G. Rally - 05-07Sep24 - Grand Junction CO

Texas Independence H.O.G. Touring Rally - 14-19Oct24 - Tyler TX

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Diane "Strapless" Pittman
Secretary
Caliente HOG Chapter #2013